



shivā
TRUST

The Auspicious One

Shiva Trust is a Registered Charity, Registration England and Wales No. 1148843 & Scotland No. SC045118
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The Shiva Trust is a registered charity founded in 2012 by our Hindu Satguru Sri Ramana Devi. The Shiva Trust provides profound Hindu and Self-realisation programmes and tools that support the search for Truth and cultivate inner peace, happiness, health and well-being. These programmes, which include Hindu Philosophy, Meditation, Yoga, and practical knowledge for daily living, have helped thousands around the world to completely transform their lives. Its core value is to find a sense of Love, Service and Compassion within oneself and to unite people in our society – of different cultures, religions and nationalities, reminding us that we have but one goal; to realise our true nature is one with the divine.

The Founder, Sri Ramana Devi

Sri Ramana Devi is from the Shavite Hindu Tradition, Lord Shiva is regarded as the patron God of Yoga, Meditation and Arts. Those who worship Shiva are to be Pure in heart, and do good to others. They are to see Shiva in the poor, the weak and in the diseased. Sri Ramana Devi created the charity to serve all those less fortunate. But, also to create a Membership Programme where the members of our Charity are striving to attain Self Realisation through the practice of Yoga, and mostly importantly Karma Yoga. We employ the classical approaches of Jnana, Bhakta, Karma, Raja and Guru Bhakti Yoga. Sri Ramana Devi tirelessly serves both members and beneficiaries alike to materialise their goals, relieve suffering and achieve Happiness.

Sri Ramana Devi Teachings

Shiva Trust also delivers classes and courses to enlighten you to the Scriptural Teachings regarding Self Realisation, Sri Ramana has created a variety of dynamic Courses, classes and on line study programmes which promise to expand your knowledge and Self awareness. The majority of our courses are Endorsed, or Accredited by the National Open College. Shiva Trust is a National Open College Approved Education Centre.

JNANA YOGA: removes the veil of ignorance and develops reason and will. This Yoga is developed through the Practices of; Mindful Awareness, Writing, Reading, Studying Scriptures, Japa and Mantra.

BHAKTA YOGA: develops the Heart. This Yoga is developed through the practices of; Puja, Bhajan, Chanting, Deities Worship and Temple Visits.

KARMA YOGA: purifies and develops the actions. This Yoga is developed through the practices of; Service or Seva, Charity work, Work in your chosen field, Duty or Dharma, helping your Society or Community.

RAJA YOGA: steadies the mind and makes it one-pointed. This Yoga is developed through the practices of; Meditation, Yoga Asanas, Breathing work or Pranayama, Diet, Art and Creativity.

The four Yogas are not antagonistic to one another, but are complimentary. One-sided development is not commendable. Therefore, one should practice the four Yogas. We can have our dominant Yoga as the central basis and can practice the other Yogas as auxiliaries to bring in rapid progress on the spiritual path. Guru Bhakti Yoga is practiced throughout, the development of ones relationship with ones Guru using Guru Bhakti Yoga speeds up the process of Self realisation ten-fold.

Shishya Programme

SHISHYA PROGRAMME TRAINING A Shishya is a Student from the Guru-Shishya Tradition in Hinduism. One does not have to be a Hindu to qualify as a Shishya, but one must wish to follow Sri Ramana Devi Teachings of Oneness from Classical Advaita Vedanta. Our New Shishya Training programme is dynamic, and comprehensive. The Student is allocated a Shishya to Mentor them through the Training, and provide continued on-line support. On completion of the Training, Sri Ramana Devi provides a formal initiation into this ancient Tradition. A Shishya's role is to advance the Teachings of Oneness in society in whatever medium they feel most comfortable with.

Western Hindu Network

The Charity provides on-going support to individuals or organisations who seek to find out more information about Hinduism in the West. We provide Education about Hinduism, information about conversion to the faith, organise trips to Temples, Ashrams, Pilgrimages. Refer people to Priests or experts for Puja, Yagna, Ceremonies or Rituals. We also celebrate Hinduism together during events organised for our Holy days.

The Self Realisation Guide

Sri Ramana Devi has created a Guidebook based on the theory of The Science of Self realisation. What is The Science of Self realisation? It is the study of the Self (a persons essential being) through experimentation and observation within the natural world.

Sri Ramana is able to offer you an initial assessment, which involves an in-depth discussion on your spiritual development thus far; information about your dominant Yoga and includes an assessment of the following 5 Yogic Practices:

1. Jnana Yoga
2. Bhakta Yoga
3. Karma Yoga
4. Raja Yoga
5. Guru Bhakti Yoga

The main purpose of The Self Realisation Guide would be to establish which areas of your spiritual life you need support. What kind of support you need? And from whom? Once you have this information, Sri Ramana can connect you with a Shishya Mentor and they can build an action plan with you for your daily life. All under the strict guidance of the Satguru.

The aim is to achieve balance in all 5 Yogas and thus enabling you to attain Self realisation! Sri Ramana wants to make that possible for you, and has the knowledge to do so. Working together with a Sri Ramana Devi, Shishya Mentor will help you to feel more supported on your chosen path. Leading to Self realisation, which is when one realises ones true nature is one with the divine.

Shiva Trust also offers a range of other services including: **Every Shiva Trust Project, Service, Classes or Courses are all FREE!**

Darsana with our Satguru, Pashupati Ashram, Shankara Ashram, Vidya Matha Hindu Centre, Teaching Courses, Classes, Videos, Livestreaming, Music CD, Kindles, Free Books, Medicinal and Ayurvedic Herbs, Retreats, Book Publishing, Photocopying service, Graphic design, Animations, Digital art drawings, Printing, and so much more.....

We run courses in Advaita Vedanta and Bhagavad Gita, which are Endorsed by National Open College.

We do stalls selling our many products and services at events globally. We also create our own events such as Annual Mahashivratri!

We also offer opportunities for Seva: Get in touch and organise a meet up with one of our volunteers, either face to face or by Skype. We can arrange an induction so you too can join in, and volunteer with us on any of our projects in UK, Europe and India.

Contact us

Donate Today

All our profits provide necessary funds for our projects. Help us to continue our valuable work.
Every £1 makes a huge difference.

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